



VENUS

GROWERS

VENUS GROWERS | Agricultural Cooperative of Veria | R.R. Station of Veria | P.O.Box 3, 591 31, Veria – GREECE

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VENUS Growers apart from the products of its canneries trades fresh fruits as well (peaches, apples, pears, plums, cherries, etc) that its members produce/ grow. Our fresh fruits apart from the domestic market, they are intended for the countries of the European Union and for the countries of Eastern Europe as well.



		JAN	FEB	MAR	APR	MAI	JUN	JUL	AUG	SEP	OCT	NOV	DEC
PEACH													
MATURITY							█	█	█	█			
AVAILABILITY							█	█	█	█			
NECTARINE													
MATURITY							█	█	█	█			
AVAILABILITY							█	█	█	█			
PEAR													
MATURITY								█	█	█			
AVAILABILITY								█	█	█	█	█	█
APPLE													
MATURITY									█	█	█		
AVAILABILITY	█	█	█	█						█	█	█	█
CHERRY													
MATURITY					█	█							
AVAILABILITY					█	█	█						
GRAPE													
MATURITY									█	█			
AVAILABILITY									█	█	█		
APRICOT													
MATURITY					█	█	█	█					
AVAILABILITY					█	█	█	█					
KIWI													
MATURITY										█	█	█	
AVAILABILITY	█	█	█	█	█					█	█	█	█
PLUM													
MATURITY							█	█	█				
AVAILABILITY							█	█	█	█			



We pack our fruit in variable dimensions of boxes according our customer's needs.

- ✓ In wooden open box with dimension: 30X50X18 30X50X24 30X50X27 MAX-PACK
24X46x9 30X50X9 40X60X9
- ✓ In plastic open box with dimension : 30X20X11 30X40X19 30X50X19
- ✓ In carton open box with dimension : 30X40X12,5 30x40X13 30X40X14 30X40X16
30X40X19,7 30X40X20,7 30X50X27 30X20X11
30X50X10,5 30X50X9 40X60X11,5 40X60X13/10
40X60X14 40X60X9,5



NUTRITIONAL INFORMATION

Peach			Pear			Apple			Cherry		
Nutrient values per 100g			Nutrient values per 100g			Nutrient values per 100g			Nutrient values per 100g		
Energy	39	kcal	Energy	57	kcal	Energy	52	kcal	Energy	63	kcal
Carbohydrate	9.5	g	Carbohydrate	15.23	g	Carbohydrate	13.81	g	Carbohydrate	16.01	g
Sugars	8.39	g	Sugars	9.75	g	Sugars	10.39	g	Sugars	12.82	g
Fibers	1.5	g	Fibers	3.1	g	Fibers	2.4	g	Fibers	2.1	g
Lipid (fat)	0.25	g	Lipid (fat)	0.14	g	Lipid (fat)	0.17	g	Lipid (fat)	0.2	g
Protein	0.91	g	Protein	0.36	g	Protein	0.26	g	Protein	1.06	g
Vitamin A	326	IU	Vitamin A	25	IU	Vitamin A	54	IU	Vitamin A	64	IU
Vitamin C	6.6	mg	Vitamin C	4.3	mg	Vitamin C	4.6	mg	Vitamin C	7	mg
Iron, Fe	0.25	mg	Iron, Fe	0.18	mg	Iron, Fe	0.12	mg	Iron, Fe	0.36	mg
Potassium, K	190	mg	Potassium, K	116	mg	Potassium, K	107	mg	Potassium, K	222	mg

Grape			Kiwi			Apricot			Nectarine		
Nutrient values per 100g			Nutrient values per 100g			Nutrient values per 100g			Nutrient values per 100g		
Energy	69	kcal	Energy	61	kcal	Energy	48	kcal	Energy	44	kcal
Carbohydrate	18.10	g	Carbohydrate	14.66	g	Carbohydrate	11.12	g	Carbohydrate	10.55	g
Sugars	15.48	g	Sugars	8.99	g	Sugars	9.24	g	Sugars	7.89	g
Fibers	0.9	g	Fibers	3	g	Fibers	2	g	Fibers	1.7	g
Lipid (fat)	0.16	g	Lipid (fat)	0.52	g	Lipid (fat)	0.39	g	Lipid (fat)	0.32	g
Protein	0.72	g	Protein	1.14	g	Protein	1.40	g	Protein	1.06	g
Vitamin A	66	IU	Vitamin A	87	IU	Vitamin A	1926	IU	Vitamin A	332	IU
Vitamin C	3.2	mg	Vitamin C	34	mg	Vitamin C	10	mg	Vitamin C	6	mg
Iron, Fe	0.36	mg	Iron, Fe	0.31	mg	Iron, Fe	0,39	mg	Iron, Fe	0.28	mg
Potassium, K	191	mg	Potassium, K	312	mg	Potassium, K	259	mg	Potassium, K	201	mg



VENUS GROWERS factory in Veria



VENUS GROWERS factory in Alexandria



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